

# Disaster PREP

(PLAN, RESPOND, EXERCISE & PREPARE)

August 2022

From the DMH Office of Disaster Services

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## FREE UPCOMING TRAININGS

- October 6th at 9am  
PSYCHOLOGICAL FIRST AID TRAINING  
DMH – Central Office  
Conference Room B



- Basic and Advanced NOVA  
more detail to come in 2023

## FREE TRAINING ALWAYS AVAILABLE

- Trauma-Informed Care



Show-Me Hope is Missouri's Crisis Counseling Program (CCP) in response to federally declared disasters, which is funded through FEMA. Our most recent CCP was in response to the COVID-19 pandemic and ended July 14, 2022.

Here are some of the ways we reached 4.7 million Missourians:

### Printed Media Outreach

51,450  
Coloring Books

10,400  
Posters

100,503  
Business Cards & Other Materials

Over 24 providing agencies signed up from around the state as well as six extender agencies in the St. Louis area

These agencies provided

1,008,728  
Printed Material

181,567  
In-person Contacts

and there were  
47,507  
Group Counseling Participants

### STATE-WIDE SOCIAL MEDIA OUTREACH

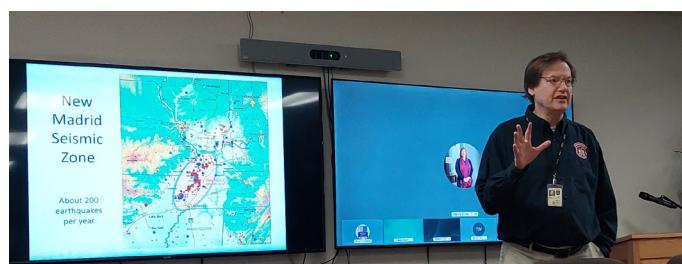
FACEBOOK & INSTAGRAM 2,291,719

Snapchat 5,921,576

TIKTOK 2,052,466

## NEW MADRID FAULT ZONE TRAINING - JUNE 2022

Thank you to Jeff Briggs, Earthquake Program Manager with SEMA, for coming to talk with us about the New Madrid Seismic Zone.



Did you know that only 12.7% of homes living in the NMSZ or New Madrid Seismic Zone have earthquake insurance or what is called "Endorsement?" Find out more: <https://insurance.mo.gov/earthquake/>

- New Madrid Seismic Zone Slides <https://sema.dps.mo.gov/docs/summit/NMSZ-Earthquake-Risk.pdf>
- Video of the 1906 San Francisco earthquake <https://www.foxweather.com/earth-space/san-francisco-earthquake-1906-history-fire?fbclid=IwAR1eD4yIWd9y8Brs-UN9cbfKjGAZnA0iS8hoLjouiOlmtgNJfWJBQpNx5NU>

## NEW MADRID FAULT ZONE TRAINING - CONTINUED

- DMH will be participating in the Great Shake Out in October! Be on the lookout for more information as it draws closer. You can also visit: <https://www.shakeout.org/centralus/missouri>
- Also be READY in 3: <https://health.mo.gov/emergencies/readyin3/>



June's Amtrak Derailment in Mendon, MO - ODS staff and members of the BHST were deployed to the Family Assistance Center in Columbia, MO, along with American Red Cross of Missouri and Burrell Behavioral Health, to provide emotional support services to survivors and their families. Pictured to the left is JoAnn Woody of American Red Cross of Missouri, Beckie Gierer, Director of Office of Disaster Services, and therapy dog, Steele.

Through the DRSG (Disaster Response State Grant) a new visual radio series was created called, "Heroes that Help."

Rachel Jones, Manager of Trauma Informed Care and the Director of the Disaster Response State Grant, along with Alyssa Backes, Deputy Director of the Office of Disaster Services has worked together in coordinating this series. The Director of the Office of Disaster Services, Beckie Gierer was interviewed, as well as other individuals from state agencies and organizations across the state about their role in helping during disasters.

This series is made possible by the DRSG and is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to serve 26 counties in Missouri that were impacted by severe storms, floods and tornadoes in Spring, 2019.

Listen or watch here: <https://m.lndg.page/Cc81ch>



**HEROES THAT HELP**  
A PROGRAM FROM MISSOURI DEPARTMENT OF MENTAL HEALTH

## JOIN THE BEHAVIORAL HEALTH STRIKE TEAM

The DMH Behavioral Health Strike Team (BHST) is a team of trained individuals from around the state who deploy upon request of the State Emergency Management Agency or other entity to deliver psychological first aid to survivors and first responders after a disaster or critical event. The BHST has previously deployed to mass casualty events like the Branson Duck boats and the Amtrak Train Derailment. They have also deployed to St Louis to assist during the pandemic. DMH staff can request information to be a part of this amazing team!

**WE WANT YOU!**

If interested in becoming trained for the BHST, please contact Alyssa Backes, Deputy Director of the Office of Disaster Services at [Alyssa.Backes@dmh.mo.gov](mailto:Alyssa.Backes@dmh.mo.gov)



For more information,  
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## WEBSITE

<http://dmh.mo.gov/disaster-services>

## SOCIAL MEDIA

[Facebook](#) | [Twitter](#) | [Instagram](#)  
@DMHDisaster

**useful links**

The FEMA App allows you to receive real-time weather alerts, locate emergency shelters in your area, and more.

<https://tinyurl.com/appfema>

## Flood Resources

<https://dmh.mo.gov/disaster-services/flood>

## Self Care Resources

<https://tinyurl.com/dmhselfcare>

## Missouri Show-Me Hope

<https://www.moshowmehope.org/>